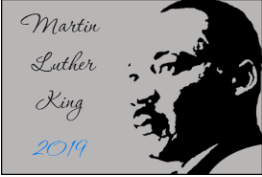


WEEKLY ACTIVITIES FOR JANUARY 2019

An * next to any class, represents a suggested donation is requested.

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>CENTER CLOSED FOR THE NEW YEAR!</p> 	<p>2</p> <p>9 am – 3 pm: Table Pool</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes • <i>Back Down Memory Lane</i> <p>10:30 am:</p> <ul style="list-style-type: none"> • Walking Club • Sewing /Jewelry Club* • Book Club <p>1 pm: Bingo</p>	<p>3</p> <p>9 am– 3pm: Table pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am:</p> <ul style="list-style-type: none"> • *Yoga • Bingo <p>12pm: Lunch & Learn W/Becky the Healthy Lady</p> <p>1:15 pm: * Training w/Tommy*</p>	<p>4</p> <p>9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11am:</p> <ul style="list-style-type: none"> • Line Dance w/Roselle* • Bingo <p>1:15 pm: * Training w/Tommy*</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7</p> <p>9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am:</p> <ul style="list-style-type: none"> • *Sewing Club* <p>11 am:</p> <ul style="list-style-type: none"> • Chair/Standing Exercise w/Jewel* <p>1 pm: Bingo</p>	<p>8</p> <p>9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Crocheting Club • Dominoes <p>11:00 am: ZUMBA*</p> <p>1 pm: Bingo</p>	<p>9</p> <p>9 am – 3 pm: Table Pool</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes • PRESENTATION: Federated Blocks of Laurelton & 105th Precinct <p>10:30 am:</p> <ul style="list-style-type: none"> • Walking Club • Book Club • Sewing /Jewelry Club* <p>1 pm: Bingo</p>	<p>10</p> <p>9 am– 3pm: Table pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am:</p> <ul style="list-style-type: none"> • *Yoga • Bingo <p>12pm: Lunch & Learn W/Becky the Healthy Lady</p> <p>1:15 pm: * Training w/Tommy*</p>	<p>11</p> <p>9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11am:</p> <ul style="list-style-type: none"> • Line Dance w/Roselle* • Bingo <p>1:15 pm: * Training w/Tommy*</p>



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>14 9 am – 3pm Table Pool</p> <p>10am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30-12:00: Sewing / Jewelry Making Club*</p> <p>11 am: Chair/Standing Exercise w/Jewel*</p> <p>1 pm: Bingo</p>	<p>15 9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Crocheting Club • Dominoes <p>10:30 am: MLK Celebration, A Musical Performance</p> <p>11:00 am: Zumba* - CANCELLED TODAY</p> <p>1 pm: Bingo</p>	<p>16 9am – 3 pm: Table Pool</p> <p>10am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>12:30 pm:</p> <ul style="list-style-type: none"> • SNAP Jewelry Sale • SNAP Birthday Party Live DJ & Dancing! 	<p>17 9 am– 3 pm: Table pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11am:</p> <ul style="list-style-type: none"> • *Yoga • Bingo <p>12pm: Lunch & Learn W/Becky the Healthy Lady</p> <p>1:15 pm: * Training w/Tommy*</p>	<p>18 9am – 3pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11am:</p> <ul style="list-style-type: none"> • Line Dance w/Roselle* • Bingo <p>1:15 pm: * Training w/Tommy*</p>
<p>MONDAY</p> <p>21</p> <p style="text-align: center;">Center Closed</p> 	<p>TUESDAY</p> <p>22 9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Crocheting Club • Dominoes <p>11:00 am: Zumba*</p> <p>1 pm: Bingo</p>	<p>WEDNESDAY</p> <p>23 9am – 3pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30am</p> <ul style="list-style-type: none"> • Walking Club • *Sewing/Jewelry Club • Book Club • PRESENTATION: Liz Madison Nutrition "Antioxidants" <p>1:00pm</p> <ul style="list-style-type: none"> • Bingo 	<p>THURSDAY</p> <p>24 9 am– 3 pm: Table pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am:</p> <ul style="list-style-type: none"> • PRESENTATION: Elder Abuse <p>11am:</p> <ul style="list-style-type: none"> • *Yoga • Bingo <p>12pm: Lunch & Learn W/Becky the Healthy Lady</p> <p>1:15 pm: * Training w/Tommy*</p>	<p>FRIDAY</p> <p>25 9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11am:</p> <ul style="list-style-type: none"> • Line Dance w/Roselle* • Bingo <p>1:15 pm: * Training w/Tommy*</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
<p>28 9 am – 3 pm: Table pool</p> <p>10:30-12:00: Sewing / Jewelry Making Club*</p> <p>11 am: *Chair/Standing Exercise w/Jewel*</p> <p>1 pm: Bingo</p>	<p>29 9 am – 3 pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Crocheting Club • Dominoes • CENTER MOVIE DAY <p>1 pm: Bingo</p>	<p>30 9am – 3pm: Table Pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30am</p> <ul style="list-style-type: none"> • Walking Club • *Sewing/Jewelry Club • Book Club <p>1:00pm</p> <ul style="list-style-type: none"> • Bingo 	<p>31 9 am– 3 pm: Table pool</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes • CENTER GAME DAY <p>11am:</p> <ul style="list-style-type: none"> • *Yoga • Bingo <p>12pm: Lunch & Learn W/Becky the Healthy Lady</p> <p>1:15 pm: * Training w/Tommy*</p>	