

SNAP BROOKVILLE NEIGHBORHOOD SENIOR CENTER

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SANDRA SMALLS-JONES

ASSISTANT DIRECTOR
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MARCH 2020 NEWSLETTER



SENIOR CENTER LUNCHEON MENU MARCH 2020

Lunch is served from 12:00pm - 1:00pm, Monday-Friday.
Salads need to be ordered before 11am.

The suggested contribution is \$2.00. Menus are subject to change without notice. Your support helps sustain our program. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pork Chops Macaroni & Cheese Spinach ←	3 Baked Fish Vegetable Couscous Green Peas <i>Egg Salad,</i>	4 Turkey Breast Sweet Potatoes Green Beans <i>Pasta Salad,</i>	5 Stuffed Shells Italian Veg. Blend <i>& Garden Salad</i>	6 Baked Chicken Potato Knish Carrots →
9 Sausage w/ Onions & Peppers Penne Brussel Sprouts ←	10 Hamburger or Cheeseburger Home Fries Green Beans <i>Tuna Fish Salad,</i>	11 Asian Style Honey Chicken Brown Rice Pilaf Chinese Style Cauliflower <i>Cole Slaw,</i>	12 Beef Stroganoff Egg Noodles Broccoli <i>& Garden Salad</i>	14 Baked Fish Fillet Red Bliss Potatoes Spinach →
16 Chicken Parmigiana Spaghetti Italian Blend ←	17 Corned Beef & Cabbage Boiled Potatoes Carrots <i>Chicken Salad,</i>	18 Turkey Breast Sweet Potatoes Green Beans <i>Potato Salad,</i>	19 Mushroom Chicken Noodles & Cabbage California Veg. Blend <i>& Garden Salad</i>	20 Apricot Glazed Fish Egg Barley & Mushrooms Zucchini →
23 Salisbury Steak Cauliflower Potato Mash Spinach ←	24 Tuna Fish Salad Pasta Primavera Garden Salad <i>Tuna Fish Salad,</i>	25 Meatballs Spaghetti Broccoli <i>Carrot Salad,</i>	26 Oven Fried Chicken Roasted Potatoes Carrots <i>& Garden Salad</i>	27 Baked Fish Fillet Brown Rice Pilaf Mixed Vegetables →
30 Chicken Parm. Spaghetti California Veg. Blend <i>Turkey Salad,</i>	31 Salisbury Steak Mashed Red Potatoes Spinach <i>& Pasta Salad,</i>			



Thank you to Councilmember Donovan Richards for sponsoring a fabulous performance of the Braata Players. Our participants enjoyed every moment of the show.

WEEKLY ACTIVITIES FOR MARCH 2020

An * next to any class, represents a suggested donation is requested.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 9am – 3 pm Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am</p> <ul style="list-style-type: none"> • Woman’s Discussion Group <p>11:00 am</p> <ul style="list-style-type: none"> • Tai Chi for Arthritis BEGINS • *Chair Aerobics <p>1 pm: Bingo</p>	<p>3 9am – 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Knitting Club • Dominoes • Jewelry making club <p>11:00 am: *Zumba</p> <p>1 pm: Bingo</p>	<p>4 9am – 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am</p> <ul style="list-style-type: none"> • Walking Club • Sewing club • Book club <p>1 pm: Bingo</p> <p>1:15 pm: *Yoga</p>	<p>5 9am– 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am:</p> <ul style="list-style-type: none"> • Tai Chi for Arthritis • Bingo <p>12pm: Health & Wellness Presentation</p> <p>1:15 pm: *Weight & strength training</p>	<p>6 9am – 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am:</p> <ul style="list-style-type: none"> • *Line Dance w/Roselle • Bingo <p>1:15 pm: *Aerobics/ Strength Training</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9 9am – 3pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am</p> <ul style="list-style-type: none"> • Woman’s Discussion Group <p>11:00 am</p> <ul style="list-style-type: none"> • Tai Chi for Arthritis • *Chair Aerobics <p>1 pm: Bingo</p>	<p>10 9am – 3pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Knitting Club • Dominoes • Jewelry making club <p>11 am: *Zumba</p> <p>1 pm: Bingo</p>	<p style="text-align: center; border: 1px dashed black; padding: 5px;">TRIP: Wind Creek Casino</p> <p>11 9am – 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am</p> <ul style="list-style-type: none"> • Walking Club • Sewing club • Book club <p>1 pm: Bingo</p> <p>1:15 pm: *Yoga</p>	<p>12 9am– 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am:</p> <ul style="list-style-type: none"> • Tai Chi for Arthritis • Bingo <p>12pm: Health & Wellness Presentation</p> <p>1:15 pm: *Weight & strength training</p>	<p>13 9am – 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am:</p> <ul style="list-style-type: none"> • *Line Dance w/Roselle • Bingo <p>1:15 pm: *Aerobics/ Strength Training</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>16 9am – 3pm: Billiards</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am:</p> <ul style="list-style-type: none"> • Woman’s Discussion Group <p>11:00 am:</p> <ul style="list-style-type: none"> • Tai Chi for Arthritis • *Chair Aerobics <p>1 pm: <i>St. Patrick’s Day Celebration: Bag Pipe Performance</i></p>	<p>17 9am – 3pm: Billiards</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Knitting Club • Dominoes • Jewelry making club <p>11 am: *Zumba</p> <p>1 pm: *Bingo</p>	<p>18 9am – 3 pm: Billiards</p> <p>10 am:</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>10:30 am:</p> <ul style="list-style-type: none"> • Walking Club • Sewing club • Book club <p>12:30 pm: SENIOR BIRTHDAY PARTY DJ and DANCING JEWELRY & FLEA MARKET</p> <p>Bingo & Yoga CANCELLED</p>	<p>19 9am– 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am</p> <ul style="list-style-type: none"> • Tai Chi for Arthritis • Bingo <p>12pm: Health & Wellness Presentation</p> <p>1:15 pm: *Weight & strength training</p>	<p>20 9am – 3 pm: Billiards</p> <p>10 am</p> <ul style="list-style-type: none"> • Card Playing • Dominoes <p>11 am:</p> <ul style="list-style-type: none"> • *Line Dance w/Roselle • Bingo <p>1:15 pm: *Aerobics/ Strength Training</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 9am – 3pm: Billiards 10 am <ul style="list-style-type: none"> • Card Playing • Dominoes 10:30 am <ul style="list-style-type: none"> • Woman’s Discussion Group 11:00 am <ul style="list-style-type: none"> • Tai Chi for Arthritis • *Chair Aerobics 1 pm: Bingo	24 9am – 3pm: Billiards 10 am <ul style="list-style-type: none"> • Card Playing • Knitting Club • Dominoes • Jewelry making club 11 am: *Zumba 1 pm: Bingo	25 9am – 3 pm: Billiards 10 am <ul style="list-style-type: none"> • Card Playing • Dominoes 10:30 am <ul style="list-style-type: none"> • Walking Club • Sewing club • Book club 11:00 Theta Chi Nursing Society Blood Pressure screening and Nutritional Presentation 1 pm: Bingo 1:15 pm: *Yoga	26 9am– 3 pm: Billiards 10 am <ul style="list-style-type: none"> • Card Playing • Dominoes 11 am: <ul style="list-style-type: none"> • Tai Chi for Arthritis • Bingo 12pm: Health & Wellness 1:15 pm: *Weight & strength training	27 9am – 3 pm: Billiards 10 am <ul style="list-style-type: none"> • Card Playing • Dominoes 11 am: <ul style="list-style-type: none"> • *Line Dance w/Roselle • Bingo 1:15 pm: *Aerobics/ Strength Training

MONDAY	TUESDAY
30 9am – 3pm: Billiards 10 am <ul style="list-style-type: none"> • Card Playing • Dominoes 10:30 am <ul style="list-style-type: none"> • Woman’s Discussion Group 11:00 am <ul style="list-style-type: none"> • Tai Chi for Arthritis • *Chair Aerobics 1 pm: Bingo	31 9am – 3pm: Billiards 10 am <ul style="list-style-type: none"> • Card Playing • Knitting Club • Dominoes • Jewelry making club 11 am: *Zumba 1 pm: Bingo

MARCH

<p>H R R A I N B O W L</p> <p>Q C A W X G O L D E</p> <p>G O I Y T V Y Y V P</p> <p>J J N W C L O V E R</p> <p>U V M S P R I N G E</p> <p>M D O T K L U C K C</p> <p>G F L O W E R S K H</p> <p>F L D F X T K X C A</p> <p>Y Z E G R E E N Z U</p> <p>F S U N Y H R Y X N</p>	<p>LEPRECHAUN</p> <p>SPRING</p> <p>RAINBOW</p> <p>SUN</p> <p>GREEN</p> <p>CLOVER</p> <p>GOLD</p> <p>LUCK</p> <p>RAIN</p> <p>FLOWERS</p>
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SNAP BROOKVILLE EXCITING UPCOMING TRIPS

DATE	Trip Name	Price
Wednesday, March 11, 2020	Wind Creek Casino	\$52.00/pp
Wednesday, March 25 th , 2020	Sight & Sound – Queen Esther	\$138.00/pp
Wednesday, May 13, 2020	Tribute to Lou Rawls	\$88.00/pp
Tuesday, July 21, 2020	Mt. Airy Casino – Girl Power A Tribute to the Greatest girl groups of the 60’s	\$79.00 with a \$15.00 rebate



SNAP into **Spring** Bingo Night!

WHEN:

Thursday, March 19th 2020 at 6 P.M.

WHERE:

SNAP of Eastern Queens
80-45 Winchester Blvd.,
Queens Village, NY 11427
(Dining Room)



\$20 per person (\$25 at the door):

Includes an 8 - Game Pack of Bingo Cards
Great Prizes to be won, including a Vacation Prize!

- \$5 for each additional pack
- 50/50 & Raffle Tickets will be sold
- Hot Dogs, Hot Pretzels & Drinks will be sold

To Purchase Tickets:

Please call Ariell at (718) 454-2100, or visit in the front office. Cash or Check Only.



During the month of **March**



We're participating in the

Community Bag Program



We will receive a \$1 donation every time the \$2.50 reusable Community Bag is sold this month at the Stop & Shop located at:

BAY TERRACE SHOPPING CENTER

26th Ave & Bell Blvd., Bayside, NY

Save The Date!

Friday, September 25, 2020



SNAP's 4th Annual Summer Wine Down Benefit

To be held at the *Immaculate Conception Center*,
Douglaston, NY

